



# Stronghold Ministry's Monthly Newsletter

## The Exchanger

March 2012

### Inside this issue:

**Get Altitude with Attitude 1**  
Are you helpless to change your attitude?

**Prayer Meeting 1**  
Jesus loved and still loves bold prayers for healing and strength. Join us!

**Prayer Wall 3**  
Please join us in prayer for our patients.

### Fornear's on The 700 Club

The 700 Club aired a six minute interview with Joe and Terri Fornear about Joe's miracle healing of advanced melanoma.

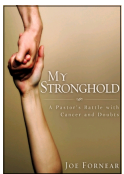
[youtube.com/watch?v=OAFxixbj7wo](http://youtube.com/watch?v=OAFxixbj7wo)  
Or search "Joe Fornear" on [www.youtube.com](http://www.youtube.com).



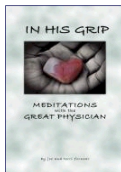
### Strength for Your Battle

Be encouraged by books from Joe & Terri Fornear:

[www.mystronghold.org](http://www.mystronghold.org)



My Stronghold, A Pastor's Battle with Cancer & Doubts



In His Grip, Meditations with the Great Physician

Free books to cancer patients—write to us and share your story!

## Get Altitude with Attitude

-by Joe Fornear

*But as for me, I shall sing of Your strength; Yes, I shall joyfully sing of Your lovingkindness in the morning, For You have been my stronghold and a refuge in the day of my distress. O my strength, I will sing praises to You; For God is my stronghold, the God who shows me lovingkindness.*

**-Psalm 59:16-17**

Attitude is crucial in hurdling life's obstacles. But how do we fight through the negative to the positive in the arena of attitude? King David was a master at overcoming circumstances and his own moods. What were his secrets?

1) "**But as for me...**"

David fully acknowledged the extent of the evil surrounding him. Keep in mind, when he wrote this Psalm, many people were trying to kill him! He compared his approach to life with his foes' approach. They plotted and grumbled, while he intentionally focused on God's lovingkindness and protection. He didn't let *anyone* drag him down, and we shouldn't either.

2) "**For You have been my stronghold.**"

David reminds himself of God's past faithfulness. Sometimes we dishonor God with a what-have-you-done-for-me-lately mentality. Yet, if we look back, we can remember countless times when He had a steady hold on us in a day of distress!



3) "**Oh my strength...**"

David knew praising God in the midst of distress was impossible in his own abilities. So he called on God's power to help him to focus, stand firm, and also to fill his heart with praise.

4) "**I shall sing... I shall joyfully sing ... I will sing.**"

In the end, David saw praising God as a choice. No person, thing or situation can *make* us have a bad attitude—we *choose* to have a bad attitude. In the same way, we can choose to sing to the Lord, and as David says, "*sing of the Lord.*"

With an attitude of praise, we can rise above distressing times.

### Stronghold Ministry's Healing Prayer Service

3rd Tuesdays of each month — 7:00-8:00 p.m. at Dallas Bible Church  
15765 Hillcrest Road Dallas, TX 75248. This month, we meet on  
Tuesday, March 20th. Call 214-221-7007 for more info.





# Stronghold Prayer Wall



*Please join us in prayer for these warriors*

Stronghold is reaching out to these individuals who are fighting cancer, or are survivors, and a few have other serious illness. We believe in the centrality of prayer for healing. Will you take a moment to intercede with us for these whom Jesus loves?

Mike D	Debbie	Fred	Matthew	Sheryl Sue	Ken	Cheryl	Suzanne	Michael	Rockie	Maurice	Alice
Mr. W	Barb	Kaye	Lori	Gipsy	Chris	Margaret	Bryan	Sally	Maxine	Carmen	George
John	Kent	Lois	Kristen	Jo	Tommy	Lori	Mitch	Tommy	Kate	Trisha	Dawn
Bill	Ted	Gracie	John	Gino	Danny	Bob	Ann	Robert	Kathleen	Brandon	Sarah
Jon N	Andy	Tom	Leonard	Becky	Mimi	Susan	Gwen	Eddie	Jeffrey	Jamie	Joy
Gloria	Steve	Johnnie	Penny	Kellison	Joe	Gail	Serenity	Karen	Ilaria	Darlene	Ray
Claudia	Lois	Linda	Betty	Linda	Jimmy	Susan	Henry	Jobi	Brian	Deb	Mildred
Jeff	Karen	Maurice	Lisa	Joyce	Heidi	Lin	David	Dennis	Ken	Ria	Stephanie
Carolyn	Jodie	Gary	Mechas	Molly	Carol	Shalundria	Tracy	John	Dave	Lorinda	Kelby
Laura	Susan	Pat	Phyllis	Dee Ann	Michael	Becky	Bruce	David	Kelly	Carolyn	Mary C.
Mary Sue	Hudson	Dylan	Mike	John	Debbie	Danny	John	Harold	Justin	Roderick	Twila
Ed	David	Carolyn	Hal	Maura	Beth	Simone	Marlene	Don	Hollie	Sue	Robert
Milton	Darlene	Rusty	Frank	Leon	Brenda	Angela	Ben	Diane	David	Mary	Brad
Sara	Lynda	Cindy	Evelyn	Ann	Julie	Fern	Sherri	William	Linda	Jeff	Raymond
Rex	Yvette	Brian	Mary	Cynthia	Cheryl	Charles	Audrey	Charlotte	Casey	Dale	Linda
Monette	Sean	Sherri	Tina	Dallas	Sara	Randy	Linda	Angelica	Jeff	Billie	Cheryl
Joan	Frank	Darcelle	Rachel	Wayne	Terri	Tom	Peggy	Jenny	Kimberly	Jim	Bill
Brian	Larry	Jennifer	Steve	Kathy	Lilly	Kevin	Jessica	Benjamin	Marty	Ray	Ravi
Joanne	Lori	Agnes	Kim	Taylor	George	Seth	Isabella	Sherri	Carmela	Eva	Julie
Kathy	Katrina	Fred	Carol	Keith	Martha	Nina	Elaine	Charandeep	Jan	Jessica	Karen
Sue	Gregg	Dave	Rob	Jon	Susan	Rosa	Joanie	Barbara	Sherri	Joe	Sharon
Garrett	Ruth	Mary	Andre	Clark	Rita	Kevin	Liz	Glenda	Sandie	Michael	Angelica
Kathy	Sam	Joanne	John David	Don	Peter	Mickey	Susan	Reb	Emily	Robert	Gina
Peggy	Pete	Marilynn	Linda	Joe	Kay	Nikki	Mary	Brian	Nicole	Andrea	Kelly
Mr. L	Gina	Johnny	Dorcas	Sheryl	Junie	Carletta	Dick	Richard	Jeremy	Norene	Chuck
Becky	Duke	Pat	Ivan	Kenedy	Bob	Molly	Diana	Melissa	Cristy	Mark	Stacy
Frank	Don	Mary	Nancy	Amy	Carolyn	Leslie	Lacey	Eric	Michael	Sharon	Clyde
Randy	Jack	Charles	Jessica	Cindy	Helga	Michel	Adrian	Jeff	Betty	Max	Randi
Sue	John	Bill	Emily	Pearl	Jim	Sheila	Daniel	Bill	Josiah	Jeannine	Steve
Mr. S	Richard	Karen	Bob	Dale	Mark	John	Angela	Jane	Rachel	James	Micki
Susan	Lori	Betty	Quentin	Phil	Lana	Stephen	Karen	Woody	Larry	Macie	James
Mrs. L	Sheila	Mr. H	Donna	William	Sheryl	Cindy	Robert	Kim	Glen	Phil	Janet
Priscilla	Beverly	Manuel	Christian	Bill	Barbara	Martha	Paula	Charles	Keith	Molly	Kelly
Stephanie	Darlene	Bob	Kathy	Meg	Mark	Robert	Cole	Betty	Gale	Leonard	Betty
Lynne	Cheryl	Nick	Toni	Tim	Gail	Florence	Claudese	Patsy	Lynn	Sharon	Denise
Bubba	Karon	Bonnie	Gloria	Michael	Peggy	Diana	Mary	Nick	Virginia	James	Pat
Althea	Jacob	Misti	Althea	Vicky	Bunny	Sam	Marci	Brendon	Janet	Bo	Ruth
Robbin	Rebecca	Kristine	Cathy	Harold	Beverly	Jeff	Christi	Sonja	Sandy	Rob	Kevin
Correy	Susan	Alfredo	Grace	John	Brenda	Mike	Darlene L.	Cecilia	Jose	Treva	Jim
Angela	Ms. M	Virginia	Pam	Joan	Laura	Will	Jim	Renita	Allie	Phil	Luke
Maryann	Bill	Linda	Sandra	George	Deborah	Susan	Mark	Michelle	Elaine	David	Harry
Bill	Sharon	Vicky	Steve	Dewayne	David	Joe	Sarah	Linda	Robin	Jeremy	Tom
Tina	Luke	Inez	Cathy	Richard	Larry	James	Steve	Pam	Pat	Ruth Ann	Corina
Edward	Nancy	Kate	Donna	Nicole	Julie	Gayle	Ron	Ruth	Laura	Karen	Karen
Dianne	Holly	Sara	Bonnie	Susan	Helga	Elizabeth	Lenna	Briana	Larry	Carol	Linda
Vicky	Diane	Ethan	Debrah	Dennis	Lisa	Tommy	Amy	Christiana	Stephanie	Phil	Paula
Stephanie	Allison	Myrna	Fred	Pamela	Adrienne	David	Sandra	Corinne	Elaine	Danny	Marcia
Judy	Randy	Don	JL	Terry Joe	Pat	John	Patricia	Pege	Yolanda	Sally	Jamie
Terri	Nelia	Will	Betty	Chuck	Fran	Peck	Charles	Samantha	Sarah	Carl	Bobby
Megan	Rick	Ric	Will	Darcy	Bryan	Tim	Janet	David	Mary Dell	Deborah	Blair
Ruth	Linda	Randy	Celine	Eloisa	Charlie	JoAnne	Grace	Mrs. R	Nancy	Denny Gay	Lucy
Hank	Akadrianna	Carlos	Donna	Barbara	Lanette	Glenzine	Ester	Jennifer	Bobbie	Jacque	Betty
Tony	Janet	Mike	Phil	Jamie	Bob	Wendy	Dina	David	Lucy	Eloisa	Phoebe
Melody	Julie	Tina	Fred	Jackie	Kevin	Lucretia	Chris	Agit	Cheree	Andrea	Judy
Susan	Delora	Trista	Anna	Sylvia	Eric	Sherri	Rick	Gene	Jay	Mark	Norman
Joseph	Kathy	Timi	Ava	Brenda	Bob	Karen	Gino	Jim	Larry	Tricia	David
Michael	Sherry	Jordan	Evelyn	Tina	Judy	Clayton	Dave	Saundra	Rosella	Charlotte	Phyllis
Robert	Matt	Scott	Dave	Leonard	Philip	Jim	Andrea	Chris	Bob	Kim	Cynthia
Mike	Mike	Maria	Bill	Jodi	Harry	Nancy	Wendell	Charlotte	Ruth	Susan	
Debra	Mildred	Jack	Lawrence	Johnny	Ed	Ben	George	Debbie	Anne	Lisa	
Michael S.	Anne	Naomi	Kathy	Itai	Mickey	Robin	Lynn	Margaret	Joe	Priscilla	

We try to maintain a balance of privacy and personalization. If your name or a loved one's name appears here and you do not wish to be listed for any reason, please write and we will remove - [jfor@mystronghold.org](mailto:jfor@mystronghold.org).