



Stronghold Ministry's Monthly Newsletter

The Exchanger

September - October 2012

Inside this issue:

- Testimony Time** 1
Send us a picture and a comment of how Stronghold has helped *you*.
- Fundraiser Banquet** 1
Join us in Dallas, Sunday evening, October 7th!
- Prayer Meeting** 1
Join us next time for impact prayer on Tuesday, October 16th.
- Long Story Short** 2
Ann M. shares her journey of diagnoses and life change.
- Prayer Wall** 3
As always, please join us in prayer for our friends.

Testimony Time

-Joe and Terri Fornear

Stronghold Ministry thrives on spreading the comfort we received during our cancer battle. The beauty of God's comfort is that it is transferable!

2 Corinthians 1:3-4—Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God.

If you're fighting cancer or you're a caretaker and you've been touched by Stronghold we'd love to know how, so we can spread comfort to new contacts and supporters. We're putting together a video montage of comments and pictures from the people we've served. We are asking you to send asap or on or before October 3rd. Here is how to help us spread His comfort:

Send us one or two sentences describing the impact Stronghold has had in your life—simply share how Stronghold has lifted you. If you have already sent us comments, you could grant us permission to use portions of anything you've already sent. Thanks for your help!



Send us your picture too ! Email: jfor@mystrongold.org.

Remember—send asap or on or before October 3rd.

You're invited - 10.7.2012

Stronghold Ministry's Fundraising Banquet

What in the world is God doing through Stronghold?

If you live in the Dallas area, we would love for you to join us!

Call or email us to receive an e-vite or for more info.

We could use your help!

Sunday, October 7th @ 6:30 p.m. (reception at 6:00 p.m.)

The Hope Center, Plano, TX



Stronghold Ministry's Healing Prayer Service

3rd Tuesdays of every month — 7:00-8:00 p.m.

Dallas Bible Church - 15765 Hillcrest Road Dallas, TX 75248

In October we meet on Tuesday the 16th.

Call 214-221-7007.

The effective prayer of a righteous man accomplishes much.

-James 5:16

Long Story Short

It was Christmas, 1994, and I had so much to do. The family was coming to visit and a few presents were still waiting for “Santa” to wrap. The kitchen floor needed cleaning, but my left hand was refusing to cooperate. It crossed my mind that the weakness in my hand might be due to carpal tunnel syndrome, but I decided to deal with it after the holidays.

The dawn of the New Year marked the start of a journey that consisted of many doctors and few answers. I did not have carpal tunnel syndrome, but not one of the doctors could pinpoint the cause of the weakness on my left side. After several months, I found myself a patient at a top medical school. The doctors ran several tests, including a muscle biopsy, and I waited anxiously for the results.

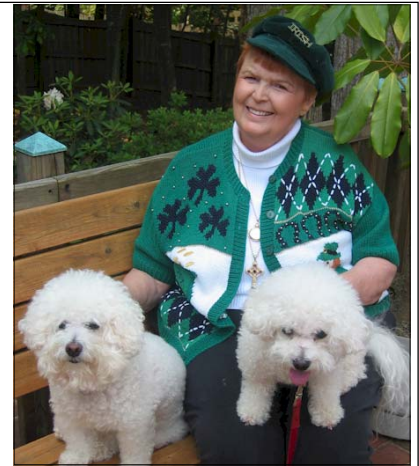
The doctors’ diagnosed me with Lou Gehrig’s disease. In that moment, I saw my life flash before my eyes. My husband threw his arms around me, holding me tight. After a few comments, we left, but I knew those doctors would never see me again. In an instant, I had decided my family was not going to endure seeing me die, cell by cell. I was going to take my own life. Fortunately, that diagnosis was wrong, but a subsequent visit to Baylor Neurology, revealed I had an autoimmune disease called “inclusion body myositis.” Although I was becoming progressively weaker, I knew God was not finished with me yet, so I was happy.

In 2005, I was diagnosed with ovarian cancer. Despite the surgery, multiple rounds of chemotherapy, and radiation, I felt blessed that the cancer was found. Through every needle stick, every round of chemo that left my body ravaged, and every day of depression that followed, my Heavenly Father was with me. Once again, Jesus walked with me and I knew He had other plans for this “tough old bird.”

Clearly, I discovered the Lord’s plan for me is to bring cheer, love, and faith as I write to suffering people worldwide, by means of my laptop computer. Additionally, God’s plan includes the blessings of an amazing husband, family, and friends who have supported me throughout the challenges of a disease many have never heard of, on top of an overwhelming struggle with ovarian cancer. Besides that, my three Bichon fur babies were a continual source of comfort to me during my illnesses - another blessing from God.

While the cancer markers have been low for two years, they have recently begun rising. I continue to face the progressing weakness of inclusion body myositis and the possibility of recurring cancer. Yet, I know that my work is not finished, and my Heavenly Father will continue to guide me while I remain on this earth, for however long that may be.

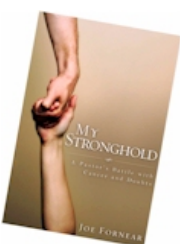
Philippians 4:11-13 - *“Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through Him who strengthens me.”*
There is hope...There is hope.



Ann M.

My Stronghold

Visit our website for more on Joe Fornear’s story and book about his cancer battle, *My Stronghold, A Pastor’s Battle with Cancer and Doubts.*



www.mystronghold.org/My-Stronghold.html

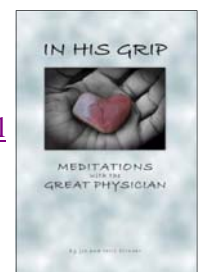
If you’re a cancer patient or caretaker, we’ll send the book at no cost. Simply write and tell us your story.

In His Grip

Terri and Joe Fornear’s new devotional with short encouraging lessons on their cancer battle, *In His Grip, Meditations with the Great Physician.*

www.mystronghold.org/In_His_Grip.html

If you’re a cancer patient or caretaker, we’ll send the book at no cost. Simply write and tell us your story.



Stronghold Prayer Wall

Please join us in prayer for these warriors

Stronghold is reaching out to these individuals who are fighting cancer, or are survivors, and a few have other serious illness. We believe in the centrality of prayer for healing and strength. Will you take a moment to pray?

Mike D	Susan	Jennifer	Ivan	Meg	Larry	JoAnne	Wendell	Brian	Jim	Chuck	Jan	Joel	Erin
Mr. W	Hudson	Agnes	Nancy	Tim	Julie	Glennine	George	Ken	Ray	Stacy	Michelle	Ampara	Manuel
John	David	Fred	Jessica	Michael	Helga	Wendy	Lynn	Dave	Eva	Clyde	Gillian	Sandy	Bruce
Bill	Darlene	Dave	Emily	Vicky	Lisa	Lucretia	Michael	Kelly	Jessica	Randi	Cheryl	Jillian	Beverly
Jon N	Lynda	Mary	Bob	Harold	Adrienne	Sherry	Sally	Justin	Joe	Steve	Marianne	Brandi	Candice
Gloria	Yvette	Joanne	Quentin	John	Pat	Karen	Tommy	Hollie	Michael	Micki	Tammy	Kimberly	Kathy
Claudia	Sean	Marilynn	Donna	Joan	Fran	Clayton	Robert	David	Robert	James	Mr. L	Butch	Jim
Jeff	Frank	Johnny	Christian	George	Bryan	Jim	Eddie	Linda	Andrea	Janet	Art	Donald	Stacie
Carolyn	Larry	Pat	Kathy	Dewayne	Charlie	Nancy	Karen	Casey	Norene	Kelly	Peggy	Kim	James
Laura	Lori	Mary	Toni	Richard	Lanette	Ben	Jobi	Jeff	Mark	Betty	Bill	Joe	Bill
Mary Sue	Katrina	Charles	Gloria	Nicole	Bob	Robin	Dennis	Kimberly	Sharon	Denise	Ed	Janie An-	Bernida
Ed	Gregg	Bill	Althea	Susan	Kevin	Suzanne	John	Marty	Max	Pat	Jim	Andrews	Amy
Milton	Ruth	Karen	Cathy	Dennis	Eric	Bryan	David	Carmela	Jeannine	Kevin	Dean	Bill	Joe
Sara	Sam	Betty	Grace	Pamela	Bob	Mitch	Harold	Sherry	James	Jim	Nicholas	Lynn	Brenda
Rex	Pete	Mr. H	Pam	Terry Joe	Judy	Ann	Don	Sandie	Macie	Luke	Jerry	Jackie Hart	Deb
Monette	Gina	Manuel	Sandra	Chuck	Philip	Gwen	Diane	Emily	Phil	Harry	David	Suzanne	Art
Joan	Duke	Bob	Steve	Darcy	Harry	Serenity	William	Nicole	Molly	Tom	Courtney	Alan	Wanda
Brian	Don	Nick	Cathy	Barbara	Ed	Henry	Charlotte	Jeremy	Leonard	Corina	Lou	Stephanie	Mark
Joanne	Jack	Bonnie	Donna	Jamie	Mickey	David	Angelica	Cristy	Sharon	Karen	Brandi	Erin	Bill
Kathy	John	Misti	Bonnie	Jackie	Cheryl	Tracy	Jenny	Michael	James	Linda	Jared	Marilyn	Jo
Sue	Richard	Kristine	Debrah	Sylvia	Margaret	Bruce	Benjamin	Betty	Bo	Paula	Sharon	Rob	Marisa
Garrett	Lori	Alfredo	Fred	Brenda	Lori	John	Sherry	Josiah	Rob	Marcia	Jeremy	Ed	Suzanne
Kathy	Sheila	Virginia	JL	Tina	Bob	Marlene	Charandeep	Rachel	Treva	Jamie	Diane	Dave	Dennis
Peggy	Beverly	Linda	Betty	Leonard	Susan	Ben	Glenda	Glen	Phil	Bobby	Todd	Jim	Maureen
Mr. L	Darlene	Vicky	Will	Jodi	Gail	Sherry	Reb	Keith	David	Blair	Eric	Bill	Deborah
Becky	Cheryl	Inez	Celine	Johnny	Susan	Audrey	Brian	Gale	Jeremy	Lucy	Daniel	Janelle	Roger
Frank	Karon	Kate	Donna	Itai	Lin	Linda	Richard	Lynn	Ruth Ann	Betty	Loree	Barbra	Frank
Randy	Jacob	Sara	Phil	Ken	Shalundria	Peggy	Melissa	Virginia	Karen	Phoebe	Mendie	Diane	Bobbie
Sue	Rebecca	Ethan	Fred	Chris	Becky	Jessica	Eric	Janet	Carol	Judy	Don	Jan	Ashley
Mr. S	Susan	Myrna	Anna	Tommy	Danny	Isabella	Jeff	Sandy	Phil	Norman	Paula	Sherry	Mary
Mrs. L	Ms. M	Don	Ava	Danny	Simone	Elaine	Bill	Jose	Danny	David	Cassie	Ronald	Gloria
Priscilla	Bill	Will	Evelyn	Mimi	Angela	Joanie	Jane	Allie	Sally	Phyllis	DeLese	Tam Nhi	Michelle
Stephanie	Sharon	Ric	Dave	Joe	Fern	Liz	Woody	Elaine	Carl	Cynthia	Pat	Nicoleta	Barb
Lynne	Luke	Randy	Bill	Jimmy	Charles	Susan	Kim	Robin	Deborah	Dawn	Jan	Brandi	Kathy
Bubba	Nancy	Carlos	Lawrence	Heidi	Randy	Mary	Charles	Pat	Denny Gay	Susan	Carol	Robert	Amy
Althea	Holly	Mike	Kathy	Carol	Tom	Dick	Betty	Laura	Jacque	Dean	Ann	Ernest	Alan
Robbin	Diane	Tina	Sheryl Sue	Michael	Kevin	Diana	Patsy	Larry	Eloisa	Greg	Lesia	Angi	Andrea
Correy	Allison	Trista	Gipsy	Debbie	Seth	Lacey	Nick	Stephanie	Andrea	Ruth	Katherine	Pat	Kody
Angela	Randy	Timi	Jo	Beth	Nina	Adrian	Brendon	Elaine	Mark	Brock	Ronald	Tim	Laura
Maryann	Nelia	Jordan	Gino	Brenda	Rosa	Daniel	Sonja	Yolanda	Tricia	Jill	Selvaraj	Kim	Clem
Bill	Rick	Scott	Becky	Julie	Kevin	Angela	Cecilia	Sarah	Charlotte	Michael	Gina	Gwen	Elly
Tina	Linda	Maria	Kellison	Cheryl	Mickey	Karen	Renita	Mary Dell	Kim	Gigi	Mary	Lura	Marge
Edward	Akadrianna	Jack	Linda	Sara	Nikki	Robert	Michelle	Nancy	Susan	Faye	Cheryl	Theresa	Martin
Dianne	Janet	Naomi	Joyce	Terri	Carletta	Paula	Linda	Bobbie	Lisa	Ida	Annette	Bill	Eric
Vicky	Julie	Matthew	Molly	Lilly	Molly	Cole	Pam	Lucy	Priscilla	Marilyn	John	Erica	David
Stephanie	Delora	Lori	Dee Ann	George	Leslie	Claudese	Ruth	Cheree	Alice	Lorraine	Michael	Donna	Kerri
Judy	Kathy	Kristen	John	Martha	Michel	Mary	Briana	Jay	George	Quentin	Mike	Rick	Travis
Terri	Sherry	John	Maura	Susan	Sheila	Marci	Christiana	Larry	Dawn	Judy	Janie	Ranaud	Pat
Megan	Matt	Leonard	Leon	Rita	John	Christi	Corinne	Rosella	Sarah	Juan	Bill	Jessica	Sue
Ruth	Mike	Penny	Ann	Peter	Stephen	Darlene L.	Pege	Bob	Joy	Ernest	Ava	Jay	Christi
Hank	Mildred	Betty	Cynthia	Kay	Cindy	Jim	Samantha	Ruth	Ray	Dawn	Ronald	Laurence	Hugh
Tony	Anne	Lisa	Dallas	Junie	Martha	Mark	David	Anne	Mildred	Luke	Stanley	Roberta	Michael
Melody	Fred	Mechas	Wayne	Bob	Robert	Sarah	Mrs. R	Joe	Stephanie	Steve	Aaron	Todd	Tinsley
Susan	Kaye	Phyllis	Kathy	Carolyn	Florence	Steve	Jennifer	Maurice	Kelby	Phil	Richard	Anthony	Andrew
Joseph	Lois	Mike	Taylor	Helga	Diana	Ron	David	Carmen	Mary C.	Cheryl	Fritz	Patsy	Catrina
Michael	Gracie	Hal	Keith	Jim	Sam	Lenna	Agit	Trisha	Twila	Tom	Chris	Leo	Michael
Robert	Tom	Frank	Jon	Mark	Jeff	Amy	Gene	Brandon	Robert	Mike	George	Collin	Mary
Mike	Johnnie	Evelyn	Clark	Lana	Mike	Sandra	Jim	Jamie	Brad	Lori	Donna	Guy	Carol
Debra	Linda	Mary	Don	Sheryl	Will	Patricia	Saundra	Darlene	Raymond	Brian	Keith	Wes	Diana
Michael S.	Maurice	Tina	Joe	Barbara	Susan	Charles	Chris	Deb	Linda	Tim	Jim	Pedro	Imani
Debbie	Gary	Rachel	Sheryl	Mark	Joe	Janet	Charlotte	Ria	Cheryl	Mary	Marge	Claire	Valerie
Barb	Pat	Steve	Kenedy	Gail	James	Grace	Debbie	Lorinda	Bill	Bud	Joe	Linda	Dave
Kent	Dylan	Kim	Amy	Peggy	Gayle	Ester	Margaret	Carolyn	Ravi	Rob	Brenda	Kathy	Karl
Ted	Carolyn	Carol	Cindy	Bunny	Elizabeth	Dina	Rockie	Roderick	Julie	Bill	Richard	Anne Marie	Kara
Andy	Rusty	Rob	Pearl	Beverly	Tommy	Chris	Maxine	Sue	Karen	Dan	Jackie	Donna	Patsy
Steve	Cindy	Andre	Dale	Brenda	David	Rick	Kate	Mary	Sharon	Steve	Frances	Trudy	Nora
Lois	Brian	John David	Phil	Laura	John	Gino	Kathleen	Jeff	Angelica	Tom	Tracy	Donny	Deanna
Karen	Sherry	Linda	William	Deborah	Peck	Dave	Jeffrey	Dale	Gina	Ed	Linda	Amy Sue	Barbara
Jodie	Darcelle	Dorcas	Bill	David	Tim	Andrea	Ilaria	Billie	Kelly	Susan	Robert	Andy	Kathy

We try to maintain a balance of privacy and personalization. If your name or a loved one's name appears here and you do not wish to be listed for any reason, please write and we will remove - jfor@mystronghold.org.